

The background features a series of flowing, wavy lines in shades of teal and light blue, creating a sense of movement and depth. The lines are composed of many thin, parallel strands that overlap and curve across the lower half of the image.

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Experts in advanced nutrition

DIETCLINICAL is one of the brands belonging to LABORATORIOS FMI MEDIC INVEST, S.L. that since 2011 is dedicated to the development and manufacture of products low in carbohydrates and high in protein and food supplements for weight loss and wellness.

FMI MEDIC INVEST were born under the protection of the recognized medical group GRUP POLICLINIC that since 1993 has attended patients in all health specialties paying special attention to nutrition and aesthetics. With the great experience of our founder Dr. Jiménez Uceró, the medical team of GRUP POLICLINIC and our nutritionists, the different protocols and product lines have been developed having the same objectives in common:

- Achieve a healthy weight
- Improve health
- Improve quality of life

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Balón flash[®] PLUS

A food supplement with triple action: Satiating effect, fat binder and carbo blocker that helps to lose weight.

Why take BALONFLASH PLUS?

- It helps to lose weight
- It helps to avoid excess food intake during and after meals
- It reduces the calorie intake of the meals



What is in it?

GLUCOMANNAN

- Satiating effect. Glucomannan absorbs 100 times its weight in water and forms a gel in the stomach.
- Laxative effect
- Hypolipemiant

FABENOL MAX®

- Inhibitor of the enzyme alpha amylase, responsible for digesting starch
- Inhibits starch digestion and therefore reduces caloric intake

H₂O SLIM

- Vegetable ingredient capable of absorbing 80% of the fat ingested
- 175 times more effective than chitosan

Daily dose

INGREDIENTS	PER SACHET (4.5g)	PER 3 SACHETS
GLUCOMANNAN (mg)	1000	3000
GUAR GUM (mg)	500	500
H2O SLIM (mg)	200	600
FABENOL MAX (mg)	150	450

When and how take It?

- Take three sachets daily 15 -30 minutes before the three main meals.
- Pour the content of one sachet in a glass of water (250mL) and stir until completely dissolved and drink immediately.
- To improve results, it is recommended to take an additional glass of water.



BALÓN CAPS

A food supplement based on natural ingredients that helps to regulate appetite, reduces the calorie intake during meals and improves the metabolic response to insulin.

Why take BALONCAPS?

- It helps to lose weight
- It helps to avoid excess food intake during and after meals
- It reduces the calorie intake and food cravings



What is in it?

GLUCOMANNAN:

- Satiating effect. Glucomannan absorbs 100 times its weight in water and forms a gel in the stomach.
- Laxative effect
- Hypolipemiant

CHROME:

- Hypoglycemic.

SATIEREAL®:

- Regulates appetite
- Decrease the feeling of hunger
- Decrease in the amount of food and length of meals.

Daily dose

INGREDIENTS	PER CAPSULE	PER 6 CAPSULES	NRV(%)*
GLUCOMANNAN (mg)	500	3000	
SATIEREAL (mg)	29.4	176.4	
CHROME (mg)	0.006	0.006	0.036

When and how take It?

- Take 2 capsules half an hour before the main meals with a glass of water (200-250 mL). To reinforce the results it is recommended to drink an additional glass of water.

CARBO & FAT BLOCKER

A food supplement based on natural ingredients that reduces the calorie intake

Why take CARBO&FAT BLOCKER?

- It contributes to the normal metabolism of fats and carbohydrates
- It reduces the calorie intake by binding the fats and blocking the carbs.



What is in it?

FABENOL MAX

- Inhibitor of the enzyme alpha amylase, responsible for digesting starch
- Inhibits starch digestion and therefore reduces caloric intake.

H₂O SLIM

- Vegetable ingredient capable of absorbing 80% of the fat ingested
- 175 times more effective than chitosan

ZINC

- Contributes to normal metabolism of carbohydrates and fat

Daily dose

INGREDIENTS	PER 2 CAPSULES	NRV[%]*
FABENOL MAX™ (mg)	150	
H ₂ O SLIM™ (mg)	400	
ZINC (mg)	10	100

When and how take It?

- Take 2 capsules daily during the main meal

Redufat

Foods Supplement that acts on fats and promotes weight loss due to its natural premium ingredients like SINETROL, GREEN COFFEE.

Why take REDUFAT?

- It helps to lose weight and acts on localized fat helping to improve the silhouette



What is in it?

SINETROL®

- Natural ingredient made from extracts of Mediterranean fruits and vegetables
- Helps you lose weight and reduces your body fat percentage
- Decreases hip and waist circumference
- Anti-inflammatory and antioxidant

GUARANÁ

- Accelerates metabolism
- Increases lipolysis

GREEN COFFE

- Accelerates metabolism
- Increases lipolysis
- Diuretic
- Antioxidant

GREEN TEA

- Stimulates the central nervous system
- Mild diuretic
- Regulates cholesterol levels
- Antioxidant

BIOPERINE

- Thermogenic effect
- Increases bioavailability of other ingredients

Daily dose

INGREDIENTS	PER 100g (g)	PER 2 CAPSULES (mg)
SINETROL®	60	900
GUARANA (22% CAFFEINE)	10,7	160
CITRUS AURANTIUM (6% SYNEPHRINE)	6,67	100
GUAVA FRUIT	6,67	100
GREEN COFFE (45% CLOROGENIC ACID)	3,33	50
GREEN TEA (30% POLYPHENOLS)	3,33	50
BIOPERINE (95% PIPERINE)	0,33	5

When and how take It?

Take 2 capsules daily during the main meal

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CLA

CONJUGATED LINOLEIC ACID

Food supplement based on linolenic acid.
CLA is an essential fatty acid especially indicated
in weight control and muscle definition diets.

Who should take it?

- Those who want to eliminate abdominal fat
 - Athletes who want to lose weight without losing muscle mass
-



What is in it?

CONJUGATED LINOLEIC ACID

- Helps to eliminate abdominal fat while maintaining the muscle mass.
- Increases lipolysis and decreases de lipogenesis.

Daily dose

INGREDIENTS	PER CAPSULE (mg)	PER 3 CAPSULES (mg)
CONJUGATED LINOLEIC ACID	800	2400

When and how take It?

- Take 3 capsules daily

DietSbelt 14

A food supplement based on vegetal extracts with fatburner and detox effects that helps to lose weight

Why take DIETSBELT 14?

- It helps to eliminate fats
- It reduces the liquid retention



What is in it?

ARTICHOKE

- Helps to remove fat
- Diuretic

HORSETAIL

- Improves circulation
- Prevents fluid retention

L-CARNITINE

- Enhances weight loss
- Regulates blood sugar

GREEN TEA

- Stimulates the central nervous system
- Mild diuretic
- Regulates cholesterol levels
- Antioxidant

CAFFEINE

- Increases fat loss
- Accelerates fat metabolism

GREEN COFFE

- Accelerates metabolism
- Increases lipolysis
- Diuretic
- Antioxidant

DANDELION

- Diuretic

Daily dose

DIURETIC	mg /10mL
DRY EXTRACT OF ARTICHOKE	436.1
CONTRIBUTION OF CYNARIN	10.9
DRY EXTRACT OF DANDELION	348.9
FLAVONOID INTAKE	7.0
DRY EXTRACT OF GREEN NETTLE	261.6
SILICA CONTENT	5.2
DRY ANISEED EXTRACT, GREEN	218.0
ANETHOLE INTAKE	4.4
DRY EXTRACT OF HORSETAIL	174.4
SILICA CONTENT	15.7
GRAPEFRUIT EXTRACT, DRY	109.0
FLAVONOID INTAKE	49.1

When and how take It?

- Take 1 vial daily alternating diuretic and fat-burner. Dilute the content of 1 vial in 500 mL of water

FAT - BURNER

	mg / 10mL
L-CARNITINA	1043.6
DRY EXTRACT OF RED TEA	355.8
POLYPHENOL INPUT	88.9
CAFFEINE INTAKE	10
DRY EXTRACT OF GREEN COFFEE	205.6
CONTRIBUTION OF CHLOROGENIC ACID	92.5
DRY EXTRACT OF GREEN TEA	79.1
CATECHIN SUPPLY	63.3
CAFFEINE INTAKE	0.4

DietSbelt Shots

A food supplement based on vegetal fibres and extracts designed to detox the body.

Why take DIETSBELT SHOTS?

- It reduces the liquid retention
- It helps when following a diet



What is in it?

ELDER

- Diaphoretic

ARTICHOKE

- Helps to remove fat
- Diuretic

INULIN

- Stimulates the intestinal flora
- Improves calcium absorption

HORSETAIL

- Improves circulation
- Prevents fluid retention

SARSAPARRILLA

- Diuretic
- Protects the liver

BERMUDA GRASS

- Diuretic
- Purifying

Daily dose

INGREDIENTS	mg/10ml
ELDERBERRY CONCENTRATE	288.3
INULIN	142.7
ARTICHOKE EXTRACT	57.1
DRY EXTRACT OF FENNEL	30.5
DRY EXTRACT OF HORSETAIL	19
POTASSIUM SORBATE	19
DRY EXTRACT OF SARSAPARRILLA	15.3
DRY EXTRACT OF CHAMOMILE	7.6
DRY EXTRACT OF DANDELION	5.7
DRY EXTRACT OF GRAMA GRASS	5.7
VITAMIN C	1.9

When and how take It?

- Take 1 vial daily. Dilute the content of 1 vial into 500ml of water

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Lightlegs

A food supplement based on vitamins and plant extracts that helps to reduce swelling due to its diuretic effect and the sensation of tired legs, improving circulation.

Who should take it?

- Those who retain liquids
- Those who spend a lot of time standing
- Those with bad circulation



What is in it?

MIRTILE

- Antioxidant
- Reduces couperose
- Improves circulation

RED VINE

- Improves circulation
- Increases the resistance of the capillaries and reduces their permeability
- Promotes the contraction of blood vessels
- Stabilizes collagen present in blood vessels

VITAMIN C

- Antioxidant
- Helps form new collagen

HORSE CHESTNUT

- Contains Javonoids that stimulate circulation
- Reduces leg swelling

VITAMINS E & A

- Protect the body from free radicals

Daily dose

INGREDIENTS	mg/10ml	VRN (%)*
BLACKBERRY CONCENTRATE	448.12	
DRY EXTRACT OF RED VINE	100.87	
VITAMIN C	80.7	100
DRY ANTHOCYANIN EXTRACT BLACKBIRD	40.35	
DRY EXTRACT OF GRAPE SEED	30.6	
DRY EXTRACT OF HORSE CHESTNUT	16.81	
VITAMIN E	12.31	100
VITAMIN B12	1.43	100
VITAMIN B1	1.13	100
VITAMIN A	0.8	100
VITAMIN B12	0.0025	100

When and how take It?

- Take one vial daily directly or diluted in 500ml of water

Hydrolysed Collagen

Food supplement based on VERISOL hydrolysed with vitamins and CoQ10 that helps to maintain the firmness, elasticity and health of the skin.

Who should take it?

- Those who have joint problems
- Those who want to maintain a smooth and firm skin
- Athletes who need extra joint care



What is in it?

VERISOL COLLAGEN

- Maintains skin elasticity
- Keeps joints young

HYALURONIC ACID

- Keeps skin hydrated
- Helps to fill in wrinkles and expression lines

VITAMINA C

- Stimulates collagen synthesis
- Antioxidant

VITAMINS A & E

- Protect the body from free radicals

Daily dose

INGREDIENTS	mg/ml
WATER	12541,0
VERISOL COLLAGEN	2570,9
VITAMIN C	90,3
VITAMIN E	25,1
BAMBOO DRY EXTRACT	20,1
HYALURONIC ACID	4,3
VITAMIN A	0,9

When and how take it?

- Take one vial (15 mL) directly or diluted in 500 mL of water

REDU-CEL

Food supplement based on vitamins and vegetal extracts that helps to reduce cellulite

Who should take it?

- Those who have cellulites
- Those who accumulates fat in thighs and gluteus



What is in it?

FORSKOLIN

- Accelerates fat metabolism
- Helps reduce body weight

RUSCUS & DIOSMIN

- Diuretic
- Improves circulation

CAFFEINE

- Increases fat loss
- Accelerates fat metabolism

BAMBOO TABASHIR & ORTHOSILICIC ACID

- Improve the condition of the dermis
- Reaffirming

GINKGO BILOBA

- Improve circulation

GOLDEN ROD & BEARBERRY

- Diuretics
- Purifying

VITAMIN C

- Helps collagen synthesis
- Improves the condition of the dermis

Daily dose

INGREDIENTS	PER CAPSULE (mg)	VRN* (%)	PER 2 CAPSULES (mg)	VRN* (%)
VITAMIN C	80,0	100	160,0	200
BEARBERRY	50,0		100,0	
RUSCUS	50,0		100,0	
CENTELLA ASIATICA	50,0		100,0	
DIOSMIN	50,0		100,0	
CAFFEINE	50,0		100,0	
ORGONOPOWDER ORTHOSILICON ACID	50,0		100,0	
SILICON	35,0		70,0	
GOLD ROD DRY EXTRACT	25,0		50,0	
GINKGO BILOBA	25,0		50,0	
FORSKOLIN	10,0		20,0	

When and how take It?

- Shock treatment: take 2 capsules a day for 15 days.
- Maintenance: take one capsule a day.

FLAT BELLY

Food supplement based on vegetal extracts that improves intestinal transit and reduces abdominal volume.

Who should take it?

- Those who have heavy digestions
- Those who fell bloated



What is in it?

ARTICHOKE & HORSTAIL

- Diuretic agents

FENNEL

- Reduces flatulences and improves digestion

INULIN

- Improves the flora and the intestinal tract

L-CARNITINE

- Helps to lose weight

Daily dose

INGREDIENTS	mg/ml
WATER	8950,0
INULINE	358,0
L- CARNITINE	313,2
ANISEED DRY EXTRACT	53,7
FENNEL DRY EXTRACT	53,7
ARTICHOKE DRY EXTRACT	26,8
HORSETAIL DRY EXTRACT	26,8

When and how take It?

- Shock treatment: take 2 capsules a day for 15 days.
- Maintenance: take one capsule a day.

Omega3

Who should take it?

- Those with high cholesterol
- Pregnant women
- Those with cardiovascular problems



What is in it?

OMEGA 3

- Anti-inflammatory
- Helps reduce cholesterol and triglycerides
- Essential for the formation of the structural components of the brain
- Helps to reduce blood pressure

VITAMIN E

- Antioxidant
- Regulates the immune system

Daily dose

INGREDIENTS	PER CAPSULE (mg)	VRN* (%)
FISH OIL	1000	
- EPA	350	
- DHA	250	
VITAMIN E	5	42
VITAHESSE SF PLUS	0,2	

When and how take It?

- Take one capsule daily with a glass of water

CORAL CALCIUM

Food supplement based on calcium and vitamin D that helps to maintain bones in healthy conditions

Who should take it?

- Those who follows a normoproteic or vegan diet
- Those with crohn's disease or inflammatory bowel disease
- Those who have osteoporosis



What is in it?

CALCIUM & MAGNESIUM

- Helps to maintain bones and tooth in normal conditions

VITAMIN D3

- Improves calcium absorption

Daily dose

INGREDIENTS	PER 2 CAPSULES (mg)	VRN* (%)
CALCIUM	360.0	45
MAGNESIUM	187.5	50
VITAMIN D3	0.0016	33

When and how take It?

- Take 2 capsules daily

Multivitamins

Food supplement based on minerals and vitamins that helps to maintain the body in good conditions

Who should take it?

- Those who follows a hypocaloric or normoproteic diet
- Those who do not have a balance diet



Daily dose

ACTIVE	PER SOFTGEL	NRV* (%)
VITAMIN A (µg)	800,0	100
VITAMIN B1 (mg)	1,1	100
VITAMIN B2 (mg)	1,4	100
NIACIN (mg)	16,0	100
VITAMIN B5 (mg)	6,0	100
VITAMIN B6 (mg)	1,4	100
VITAMIN B8 (µg)	50,0	100
FOLIC ACID (µg)	200,0	100
VITAMIN B12 (µg)	2,5	100
VITAMIN D3 (mg)	5,0	100
VITAMIN E (mg)	12,0	100
VITAMIN C (mg)	80,0	100
MAGNESIUM (mg)	99,6	26,5
IRON (mg)	14,0	100
ZINC (mg)	10,0	100
MANGANESE (mg)	2,0	100
COPPER (mg)	1,0	100
IODINE (µg)	15,0	100
MOLYBDENUM (µg)	50,0	100
SELENIUM (µg)	55,0	100
INOSITOL (mg)	50,0	

When and how take It?

- Take one capsule daily with a glass of water

INMUNO BOOSTER

This natural supplement is indicated to reinforce and stimulate the response of the immune system and prevent diseases caused by viruses and bacteria.

What is IMMUNOBOOSTER recommended for?

- People with low defenses.
- Those who want to boost their immune system and prevent disease.
- People who tend to get sick, especially in the fall / winter season.



What is in it?

VITAMIN C

- Contributes to the normal operation of the immune system. Supports epithelial barrier function against pathogens and intervenes in the destruction of microbes.

VITAMIN E

- Antioxidant and protector of the immune system.

VITAMIN A

- Increases immune reactions, performing regulatory functions in the cellular immune responses.

VITAMIN D3

- It acts as an immunomodulator, regulating the innate and adaptive immune responses.
- Contributes to the defense of the body against infectious agents by inducing antimicrobial responses.

SELENIUM

- Cofactor of the initiation and regulation of the immune response.

ZINC

- Contributes to the normalization of functions of the immune system.
- It influences the production and operation of leukocytes, B lymphocytes and antibodies such as IgG.

PROPOLIS 10%

- Antiviral and anti-inflammatory.

ARABINO GALACTANS

- Natural immunoregulator.
- Increases the body's potential to defend itself against infections such as colds.

PROBIOTICS (10X10E9)

- Antioxidants and protectors of the immune system.

When and how take it?

- Take 2 softgels a day accompanied by a glass of water.

Daily Dose

INGREDIENTS	mg/capsule
VITAMIN C	500
VITAMIN E	12
VITAMIN A	0,75
VITAMIN D3	0,005
SELENIUM	0,0275
ZINC	358,0
PROPOLIS 10%	100
ARABINO GALACTANS	150
PROBIOTICS (10X10E9)	30



FABRICADOS
EN LA UE BAJO
NORMAS GMP



INGREDIENTES
100%
NATURALES



SIN GLUTEN
NO CONTIENEN
ALÉRGENOS



ESTUDIOS
CIENTÍFICOS DE
ÚLTIMA GENERACIÓN

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