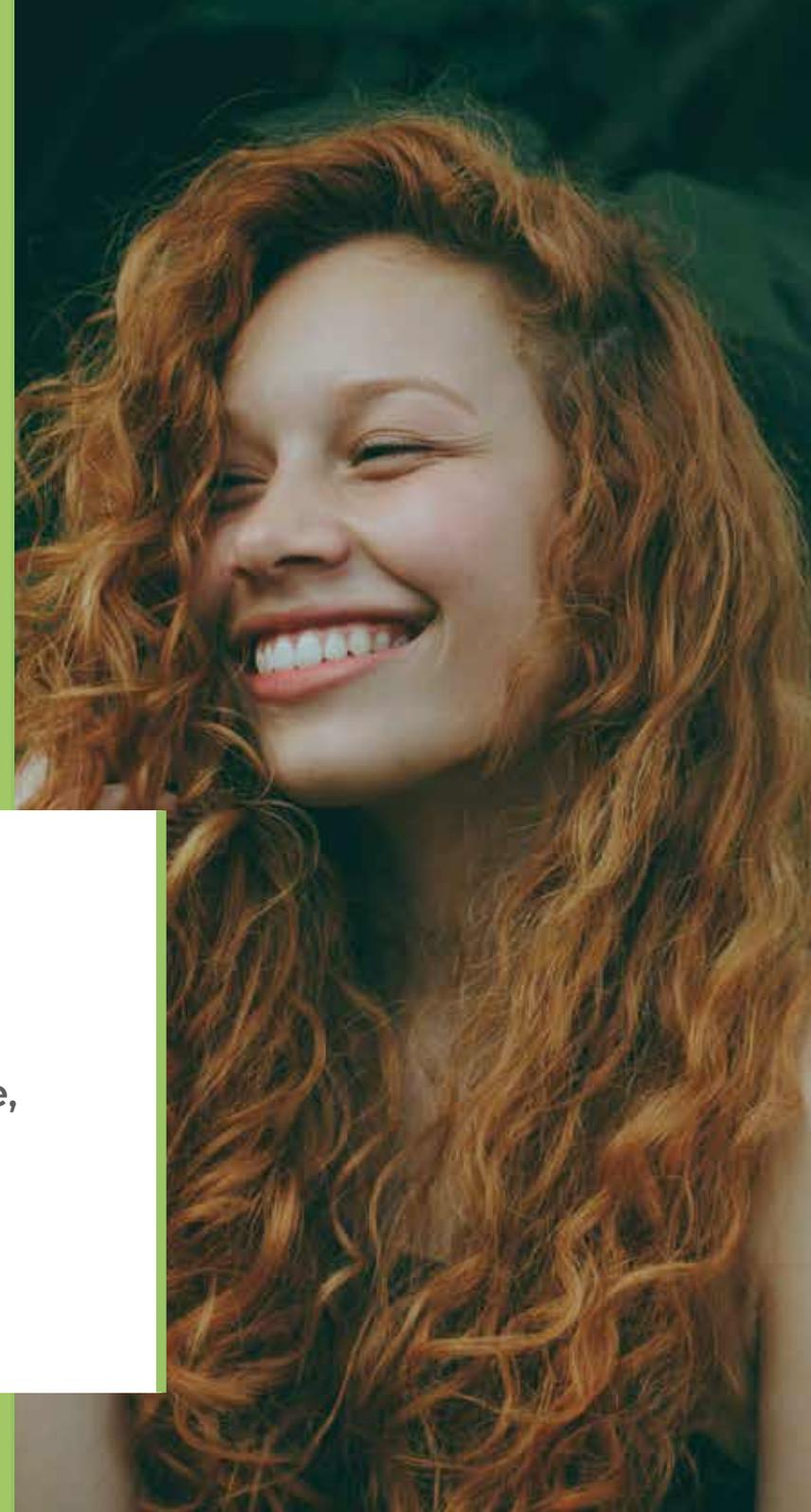


Flat Belly

Food supplement based on plant extracts that **reduce abdominal volume, reduce gas and flatulence, and facilitate digestion.**



INGREDIENTS



PRESENTATION:
Box with 60 capsules (878 mg).



ARABINO GALACTANS

Natural immunoregulator

Arabinogalactan is a long, densely branched polysaccharide with a high molecular weight, largely found in larch trees. It has been consumed by humans for thousands of years and is found in a variety of common vegetables as well as in medicinal herbs. Its properties include immunomodulatory effects.

In humans, a clinical study showed that larch tree arabinogalactan increased the body's potential to defend itself from the common cold infection. Larch tree arabinogalactan reduced the incidence of the common cold by 23%. It also acts indirectly through microbiota-dependent mechanisms and has a direct effect on the immune system through the lymphoid tissue associated with the intestine.¹



DRIED FENNEL EXTRACT

Improves digestion

Fennel (*Foeniculum vulgare*) has traditionally been used for medicinal purposes related to the treatment of conditions related to digestive, endocrine, reproductive, and respiratory systems.

Its composition contains numerous valuable compounds, such as flavonoids, phenolic compounds, fatty acids and amino acids.

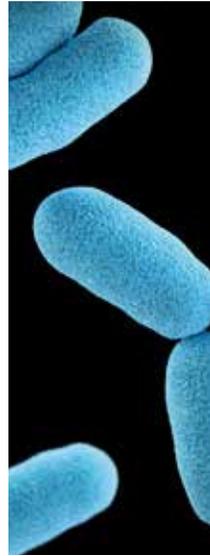
Among its multiple benefits, it has important hepatoprotective, hypoglycaemic and hypolipidemic properties.² Its active components decrease dyspepsia and gas production.

In addition, it relieves digestive and colic ailments and promotes the production of gastric secretions that help to improve the digestion of foods consumed.

INGREDIENTS



PRESENTATION:
Box with 60 capsules (878 mg).



PROBIOTICS (10x10E9)

Antioxidants and immune system protectors

Probiotics are living micro-organisms that, when ingested in a certain proportion, bring health benefits, acting within the intestinal flora of the human body (to protect it from bacteria that can generate infections).

Combining certain types of probiotics such as *Lactobacillus acidophilus* and *Bifidobacterium lactis* can reduce inflammatory responses in intestinal epithelial cells.

So, taking probiotics can help to prevent inflammatory bowel disease, associated with the deregulation of the intestinal immune system and the body's microbiome.³ They can also help to strengthen and stimulate the immune system by improving digestion and increasing the absorption of healthy nutrients such as vitamins and minerals in this organ.



ACTIVATED VEGETABLE CHARCOAL

Symptomatic relief of gas

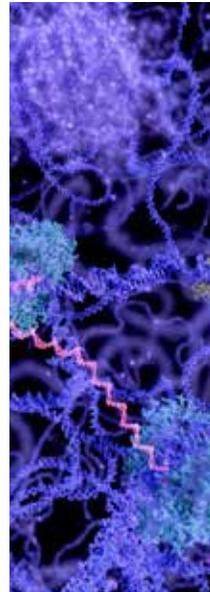
Activated vegetable charcoal is a medicine in the form of capsules or tablets that acts through the absorption of toxins and chemicals in the body, for which it generates several health benefits, contributing to the reduction of intestinal gas and abdominal pain, teeth whitening and treatment of poisonings.⁴

Its action on intestinal gas (flatulence) is due to a double process: the adsorption of the gases themselves, as well as the bacteria that produce them. Many functional disorders of the digestive system can be treated with charcoal: abdominal pain, cramps, burning, bloating and belching. By reducing intestinal gas, charcoal helps reduce abdominal bloating.⁵

INGREDIENTS



PRESENTATION:
Box with 60 capsules (878 mg).

**DIGEZYME®****Contributes to maintaining the health of the gastrointestinal tract in good condition**

Digezyme is a combination that has been patented by Sabinsa. It is made up of the mixture of 5 specific enzymes. These enzymes have been obtained through a fermentation process with *Aspergillus Oryze*, in a specific proportion to obtain a real and effective improvement in digestions. They do not contain any product or component of animal origin. They have been obtained from microbial, non-pathogenic sources.

It facilitates the digestion of nutrients as well as their absorption, avoiding all kinds of discomfort. They are a great help when it comes to eating food for all those people who have reduced enzyme levels as well as for those who are intolerant to certain compounds. They reduce the problems related to heavy digestion and heartburn. Reduces the risk of digestive disease and autoimmune disorders.⁶

**DRIED MINT EXTRACT****Prevents an upset stomach and treats indigestion**

Since ancient times, peppermint has been used to treat and alleviate the symptoms of various problems and diseases. Mint can be awarded more than 20 different properties.

It is antiseptic and antipruritic, it can soothe infections, rashes and acne. Insect bites or animal bites can also be treated.

Heals digestive system problems. For hundreds of years, peppermint has been used for stomach ailments. It serves to increase appetite and calm indigestion and is very good for bloating and flatulence.

Among other things, it treats respiratory problems, helps alleviate headaches and nausea, is a powerful tranquilizer and improves circulation.⁷

INDICATIONS

FLAT BELLY
is recommended for the
following cases:

- Those who have difficulty digesting.
- People who usually feel bloated.



GET RID OF THE SWELLING AND DISCOMFORT.

*Reduces abdominal volume
and facilitates your digestion.*

The reason for the bloating and discomfort is because gas accumulates in the intestine or stomach. This causes discomfort and even pain. Not chewing well or doing it quickly causes us to swallow air that accumulates in the abdomen.

Certain foods cause slower digestion or produce more gases. Having food intolerances or allergies is another possible cause of this problem.

A healthy lifestyle combined with taking DietClinical FLAT BELLY can help us improve digestion, it gives symptomatic relief from gas, prevents stomach upset, at the same time it has antioxidant and protective properties of the immune system, providing well-being to your day to day.

RECOMMENDATIONS: Take two capsules a day with plenty of water. One capsule before lunch and one before dinner. This product does not contain allergens indicated in annex III of Regulation 1169/2011.



NUTRITIONAL VALUES

INGREDIENTS	mg/capsule
ARABINO GALACTANS	300
DRIED FENNEL EXTRACT	150
PROBIOTICS (10X10E9)	100
ACTIVATED CHARCOAL	100
DIGEZYME®	50
DRIED MINT EXTRACT	50

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