

CARBO & FAT BLOCKER

Based on natural ingredients, this food supplement **reduces calorie intake.**

Recommended for specific times when social events and commitments make it hard for the patient to stick to their diet at one of their mealtimes.

CARBO&FAT BLOCKER prevents the digestion of fats and carbohydrates.



INGREDIENTS



PRESENTATION

Box with sixty 80 mg capsules.



FABENOL MAX ®

Weight Control

Studies have shown that a protein found inside white beans (*Phaseolus vulgaris*) inhibits the digestion of carbohydrates.¹

Its natural extract acts as a carbohydrate blocker by inhibiting alpha-amylase, responsible for turning starches into sugar molecules. This occurs in more than 94% of people who take FABENOL MAX ®.²

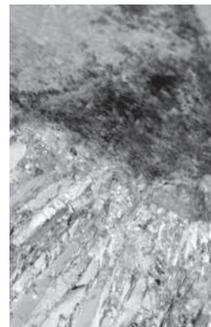


H2O SLIM ®

Fat blocker

A natural ingredient extracted from the fungus *Agaricus bisporus* is capable of trapping 80% of the fats consumed daily and is 175 times more effective than chitosan.

A study by the Centre for Biomedical Research in La Rioja has demonstrated the protective effect of supplementing with *Agaricus bisporus* (AB) against high-fat diet (HFD) induced metabolic alterations.³



ZINC

Metabolism normaliser

This trace element is involved in biochemical processes required for the development of life and is, therefore, essential for the human body.

Among other functions, it acts as a cofactor and component of at least 200 enzymes involved in the energy metabolism of carbohydrates and fatty acids, in reactions of biosynthesis and breaking down proteins.⁴

INDICATIONS

CARBO&FAT BLOCKER is recommended for the following cases:

- People who are dieting and want to control their excesses at times when they have to skip their diet due to social commitments.
- Those who want to avoid and control fat and carbohydrate absorption.
- People who are watching their figure.



ENJOY THAT SPECIAL DAY WITHOUT FEELING GUILTY.

Now you can do it.



Excess carbohydrates in the diet end up turning into fat and are stored in the body. Amylases are enzymes that transform starch (polysaccharides) into sugar molecules (monosaccharides).

Unlike plants, the human body does not contain alpha-amylase inhibitor compounds. An alpha-amylase inhibitor acts as an anti-nutrient that prevents the digestion of starch, reducing the absorption of glucose by the body. Therefore, they are therapeutically valued for the treatment of diseases such as diabetes and obesity.

The combination of these three ingredients in CARBO&FAT BLOCKER helps reduce calorie intake at mealtimes and reduce carbohydrate digestion.

RECOMMENDATION: Take two capsules before every meal. This product contains no allergens listed in Annex III to Regulation 1169/2011.

NUTRITIONAL VALUES

INGREDIENTS mg/2 capsules

FABENOL MAX® 150

H₂O SLIM® 400

Zinc 10

1. Le Berre-Anton V.1997, et al., Characterization and functional properties of the alpha amylase inhibitor (Alpha a 1) from kidney bean (Phaseolus vulgaris) seeds. *Biochimica et Biophysica Acta*. 1343(1): 31-40.

2. Layer P, 1985 et al., Partially purified white bean amylase inhibitor reduces starch digestion in vitro and inactivates intraduodenal amylase in humans. *Gastroenterology* 88(6):1895-1902

3. Agaricus bisporus supplementation reduces high-fat diet-induced body weight gain and fatty liver development. *Journal of Physiology and Biochemistry*, Universidad de Navarra. Artículo publicado el 4 de octubre de 2018.

4. Zinc: an essential oligoelement. C. Rubio, D. González Weller, R. E. Martín-Izquierdo, C. Revert, I. Rodríguez y A. Hardisson (Área de toxicología, Universidad de La Laguna, España). *Nutr. Hosp.* vol.22 no.1 Madrid ene./feb. 2007.